Welcome to KYOTO

- New Horizons of Sleep Research for Our Planet -

In recent years there has been a rapid increase in the incidence of sleep disorders to pandemic levels around the world.

Insomnia and sleep deprivation appear to be linked to lifestyle-related diseases. Sleep deprivation is becoming more prevalent in our 24-hour societies. Worse still, the inattentiveness associated with sleep deprivation is causing more industrial accidents.

Global warming, a significant issue for the modern world, has causal connections to the social activities of energy-consuming humans. In a similar way, sleep can be regarded as a strong influence on the health of mankind and the other organisms that live on our planet. Modern society is now in need of deeper multidisciplinary research on the phenomenon of sleep.

I hope many of you will come to Worldsleep 2011 in Kyoto to join the quest for the new horizons of sleep research for our planet.

Masako Okawa Chair of Local Organizing Committee

The 6th World Congress of the World Sleep Federation
The 36th Annual Meeting of Japanese Society of Sleep Research

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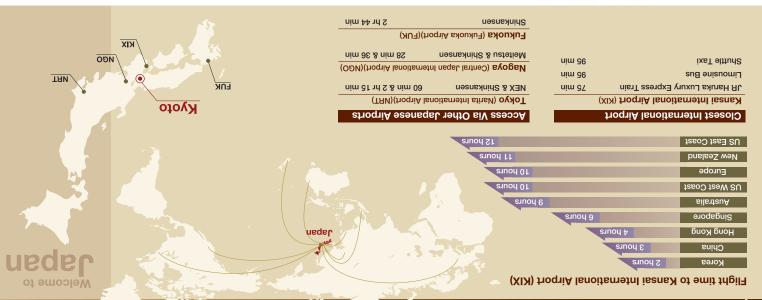




Access to Kyoto

Worldsleep2011

The 6th World Congress of the World Sleep Federation The 36th Annual Meeting of Japanese Society of Sleep Research





The 6th World Congress of the World Sleep Federation (former World Federation of Sleep Research and Sleep Medicine Societies)
The 36th Annual Meeting of Japanese Society of Sleep Research

Worldsleep 2011

New Horizons of Sleep Research for Our Planet

Hosts

World Sleep Federation (WSF)
Asian Sleep Research Society (ASRS)

Member Society

American Academy of Sleep Medicine (AASM)

Asian Sleep Research Society (ASRS)

Australasian Sleep Association (ASA)

Canadian Sleep Society (CSS)

European Sleep Research Society (ESRS)

Federation of Latin American Sleep Societies (FLASS)

Sleep Research Society (United States) (SRS)

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N. Chen (Vice Chair / ASRS Vice President)

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The 36th Annual Meeting of Japanese Society of Sleep Research

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KYOTO, JAPAN

Inquiry

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