

Worldsleep2011

New Horizons of Sleep Research for Our Planet

Member Society Presidents



Patrick Strollo
American Academy of Sleep Medicine (AASM)



Masako Okawa
Asian Sleep Research Society (ASRS)



Craig Hukins
Australasian Sleep Association (ASA)



Helen Driver
Canadian Sleep Society (CSS)



Claudio Bassetti
European Sleep Research Society (ESRS)



Darwin Vizcarra
Federation of Latin American Sleep Societies (FLASS)



Clifford B. Saper
Sleep Research Society (SRS)

Local Organizing Committee

- Masako Okawa** (Chair/ASRS President)
Tetsuo Shimizu (Vice Chair)
Do-Un Jeong (Vice Chair/ASRS Vice President)
Ning-hung Chen (Vice Chair/ASRS Vice President)
Ken-ichi Honma (Secretary General/ASRS Secretary General)
Takashi Ohida (Vice Secretary General)
Toshiaki Shiomi (ASRS Chair of Scientific Committee)
Soichiro Miyazaki (ASRS Chair of Scientific Committee)
Koichi Hirata (ASRS Chair of Scientific Committee)
H.N.Mallick (ASRS Chair of Scientific Committee)
Naiphinich Kotchabhakdi (ASRS Treasurer)

About Kyoto

The venue of Worldsleep2011, Kyoto, proudly reigned as capital of Japan for 1200 years. The history and heritage of this city lives on in the 1.5 million population modern city: Seventeen UNESCO World Cultural Heritage Sites are situated in a cityscape dominated by 2000 temples and shrines. The city offers you endless opportunities to gain meaningful hands-on experience of rich Kyoto culture through Tea Ceremony, sake brewing, kimono wearing, swordsmanship, and more. Japan is renowned for its beauty and the compactness of Kyoto makes for wonderful strolling.

From the moment of arrival at Kansai International Airport - just 75mins from the city centre - guests of this city are pampered with the finest Kyoto service.



Access to Kyoto

Flight time to Kansai International Airport (KIX)

Korea	2 hours
China	3 hours
Hong Kong	4 hours
Singapore	6 hours
Australia	9 hours
US West Coast	10 hours
Europe	10 hours
New Zealand	11 hours
US East Coast	12 hours
Brazil	26 hours

Closest International Airport

Kansai International Airport (KIX)	
JR Haruka Luxury Express Train	75 min
Limousine Bus	95 min
Shuttle Taxi	95 min

Access Via Other Japanese Airports

Tokyo (Narita International Airport)(NRT)	
NEX & Shinkansen	60 min & 2 hr 15 min
Nagoya (Central Japan International Airport)(NGO)	
Meitetsu & Shinkansen	28 min & 36 min
Fukuoka (Fukuoka Airport)(FUK)	
Shinkansen	2 hr 44 min



Inquiry

Attn. A. Nishida
c/o Convention Linkage, Inc.
PIAS TOWER 11F, 3-19-3 Toyosaki, Kita-ku, Osaka 531-0072, Japan
e-mail: ws2011@secretariat.ne.jp

2nd Announcement



Worldsleep2011

New Horizons of Sleep Research for Our Planet

October 16(sun)-20(thu), 2011
Kyoto International Conference Center (ICC Kyoto)

KYOTO, JAPAN

Hosts

- World Sleep Federation (WSF)
- Asian Sleep Research Society (ASRS)
- Science Council of Japan (SCJ)

Member Societies

- American Academy of Sleep Medicine (AASM)
- Asian Sleep Research Society (ASRS)
- Australasian Sleep Association (ASA)
- Canadian Sleep Society (CSS)
- European Sleep Research Society (ESRS)
- Federation of Latin American Sleep Societies (FLASS)
- Sleep Research Society (United States) (SRS)

<http://www.worldsleep2011.jp/>

Invitation



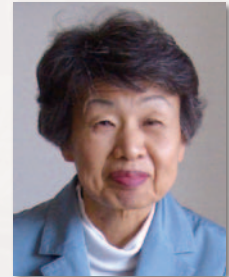
Ron Grunstein

President of World Sleep Federation

It is my pleasure as President of the World Sleep Federation to invite you to our 6th Quadrennial Congress Kyoto in October, 2011. The Federation brings together all who have a passion for sleep research and care of patients with sleep disorders into one venue to network our ideas and opinions. Our member societies share many challenges in promoting and funding sleep research or ensuring our governments and education systems prioritise sleep medicine. The Congress in Kyoto will help us meet these challenges with fresh concepts, shared experiences and future plans. As our Congress theme says we are aiming for new horizons in our field.

Kyoto is a spectacular setting for our congress and delegates will hopefully have time to appreciate the old capital of Japan and its surrounding areas. Our hosts the Asian Sleep Research Society and the local organising committee are hard at work creating the mix of science and social events to make your time in Kyoto a wonderful experience. As co-chair of the last Congress, I know how much effort is required and I thank them. This is our first Congress in Asia and brings the Federation to the fastest growing region in sleep research and sleep medicine,

Our congresses are every 4 years only because they are special – a truly global meeting in a wonderful historical venue with a special atmosphere of a shared fascination with the world of sleep. See you in Kyoto !



Masako Okawa

Chair of Local Organizing Committee

We, the Asian Sleep Research Society (ASRS) and the Japanese Society of Sleep Research (JSSR), are looking forward to welcoming the sleep researchers in the world to the Worldsleep2011 in Kyoto, 2011. We consider the Worldsleep2011 is important for the ASRS and JSSR with several aspects.

Firstly, 30 years have passed since the JSSR has hosted its first international meeting in 1979 in Tokyo (3rd International Congress of Sleep Research). Since then, the JSSR has dramatically advanced sleep research and sleep medicine, with an increase of the number of sleep researchers. We believe that it is an excellent opportunity to invite those who devoted their energies for the development of our societies, as well as colleagues from all around the world, to Kyoto.

Secondly, it is a good opportunity to show our existence in an era where the World Sleep Federation is undergoing transformation into new structures. Within the framework of an ever-globalizing society in the 21st century, human beings have been facing challenges to better ones life in facing those challenges, we found that the sleep has an important role in human lives, although many do not fully realize its importance. It is high time for us, sleep researchers, to widely and loudly announce the importance of sleep, and the WFS carries its mission to advocate it. The Worldsleep2011 is the first step to achieve this goal.

Given that, we aim to achieve the following at this Worldsleep2011, 1) to illustrate the social problems reside with the sleep in scientific and medical aspects, 2) to educate and cultivate future researchers in this field, which is the foremost task required at this Congress, and 3) to widen and deepen the sphere that female researchers can be active and energetic. Gender-related roles have been transforming its significance among our daily lives, and we believe that such gender-based differences will play their roles within and outside of the academic fields, including the JSSR. On this occasion as I take a role as one of the chairs of this Worldsleep2011, it would be a good opportunity to focus on this topic. I expect that this Worldsleep2011 to be the beginning for new academic findings, as well as to bring up many female researchers and leaders.

We anticipate as many participants as possible from all around the world to join the Worldsleep2011.

● Presidential Lecturers

Ron Grunstein

President of World Sleep Federation

Masako Okawa

Chair of Local Organizing Committee

● Opening Lecturer



Juichi Yamagiwa

Kyoto University Graduate School of Science, Japan

● Plenary Lecturers



Jerome Siegel
UCLA Brain Research Institute, U.S.A.



Serge Daan
Center for Life Sciences, University of Groningen, The Netherlands



Clifford B. Saper
Beth Israel Deaconess Medical Center, U.S.A.



Sonia Ancoli-Israel
University of California, San Diego, U.S.A.



Claudio L. Bassetti
Neurocenter of Southern Switzerland; Ospedale Civico, Switzerland



David P. White
Harvard Medical School, U.S.A.



Eve Van Cauter
University of Chicago, U.S.A.



Daniel J. Buysse
University of Pittsburgh, Western Psychiatric Institute and Clinic, U.S.A.



Till Roenneberg
Institute for Medical Psychology, Germany



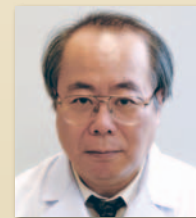
Mary A. Carskadon
Alpert Medical School, Brown University, U.S.A.



Seung Bong Hong
Sungkyunkwan University School of Medicine, Korea



Mary S.M. Ip
The University of Hong Kong, China



Tetsuo Shimizu
Akita University Graduate School of Medicine, Japan



Ken-ichi Honma
Hokkaido University Graduate School of Medicine, Japan

● Plenary Symposia (Tentative)

Future Direction of Global Sleep Medicine in collaboration with World Sleep Federation (WFS), the Japanese Society of Sleep Research (JSSR) and World Health Organization (WHO)
Organizers: Anna Wirz-Justice, Switzerland
Tetsuo Shimizu, Japan

Seasonality in sleep and circadian rhythms
Organizers: Sato Honma, Japan
Douglas G. McMahon, USA

Integrative understandings between basic and clinical findings of sleep dependent learning
Organizers: Yuka Sasaki, USA
Kenichi Kuriyama, Japan

Sleep in Women: gender differences in sleep-wake control
Organizers: Tarja Porkka-Heiskanen, Finland
Mayumi Kimura, Germany

Regulation of muscular tonus during REM sleep through the hypothalamus to the spinal cord
Organizers: Yoshimasa Koyama, Japan
Yuan-Yang Lai, USA

Sleep in neurodevelopmental disabilities
Organizers: Judith A. Owens, USA
Masako Taniike, Japan

The Burden of Sleep-Disordered Breathing Across the Globe
Organizers: Naresh M. Punjabi, USA
Tsuneto Akashiba, Japan

Chronotherapy (sleep deprivation, light therapy, sleep-wake phase modulation) for depression
Organizers: Anna Wirz-Justice, Switzerland
Tetsuo Shimizu, Japan

Update on REM sleep behavior disorder (RBD)
Organizers: Jacques Montplaisir, Canada
Yuichi Inoue, Japan

Impact of insomnia on human life
Organizers: Makoto Uchiyama, Japan
Damien Leger, France

Genetic and physiological phenotyping of human clock system and its sycho-social impact on modern human society
Organizers: Kazuo Mishima, Japan
Diane Bovin, Canada

Cross-cultural differences in sleep and sleep disturbances in young children
Organizers: Daniel Goh, Singapore
Jodi A. Mindell, USA

The neural circuit of orexin: regulation of sleep and wakefulness
Organizers: Takeshi Sakurai, Japan

Japanese Society for Chronobiology (JSC) Joint Symposium
Organizers: Ken-ichi Honma, Japan
Shizufumi Ebihara, Japan

● Program at a Glance (Tentative)

	AM	PM	EV
Saturday Oct. 15	JSSR [※] Poster Session / Exhibition		
Sunday Oct. 16	JSSR [※] Opening Ceremony / Opening Lecture		Welcome Reception
Monday Oct. 17	Plenary Lecture	Plenary Symposia Educational Lecture Workshop	Plenary Symposia Educational Lecture Workshop / Presidential Lecture
Tuesday Oct. 18	Plenary Lecture	Plenary Symposia Educational Lecture Workshop	
Wednesday Oct. 19	Plenary Lecture	Plenary Symposia Educational Lecture Workshop	Plenary Lecture / Plenary Symposia Educational Lecture Workshop / Presidential Lecture / Congress Party
Thursday Oct. 20	Plenary Lecture	Plenary Symposia Educational Lecture Workshop	Plenary Lecture / Plenary Symposia Educational Lecture Workshop / Closing Remarks

※ JSSR=The 36th Annual Meeting of Japanese Society of Sleep Research

● Important Dates to Remember

Call for Symposia	September – November 2010
Call for Abstracts	January – April 2011
Registration Opens	January 2011
Application for Travel Awards	January – March 2011
Deadline for Early Registration	June 2011
Notice of Abstract Acceptance	June 2011
Deadline for Advance Registration	September 2011

● Registration Fees

	Early-bird Rate (until June 30, 2011)	Standard Rate (until Sep. 30, 2011)	On-site Rate
Regular	JPY 40,000	JPY 45,000	JPY 50,000
Students	JPY 20,000		JPY 30,000
Accompanying Person	JPY 10,000		

● Call for Abstract Symposia

The Program Committee of Worldsleep2011 strive for quality, variety, innovation and diversity on the program and they invite proposals for an abstract symposium. Submissions must be made electrically from the registration form found on the Worldsleep2011 Website. The deadline for submission is November 30, 2010. The acceptance/decline result will be notified in December 2010.

● Call for Abstracts

Online submission of abstracts will be available from January 2011. Abstracts can only be submitted via the congress website (<http://www.worldsleep2011.jp/>).

● Travel Awards

The Conference will award travel grants to a limited member of students. These awards are intended to partially offset travel costs to attend Worldsleep 2011. To apply, forms and instructions will be available from January 2011 at <http://www.worldsleep2011.jp/>.