Worldsleep2011
New Horizons of Sleep Research for Our Planet

Kyoto, Japan
October 16 (sun) – 20 (thu), 2011
Kyoto International Conference Center (ICC Kyoto)

The venue of Worldsleep2011, Kyoto, proudly reigned as capital of Japan for 1200 years. The history and heritage of this city lives on in the 1.5 million population modern city: Seventeen UNESCO World Cultural Heritage Sites are located in an urban area to be visited by 2000 human generations. Kyoto has a unique combination of traditional culture and modern culture. It's a meaningful base-on experience of rich Kyoto culture through Tea Ceremony, visit to Okochi Sanso, and samurai town of Higashiyama where your culture is renewed by its beauty and the compactness of Kyoto makes for wonderful walking.

From the moment of arrival at Kansai International Airport – just 75 mins from the city centre - guests of this city are pampered with the finest Kyoto service.

Access to Kyoto
Flight time to Kansai International Airport (KIX)

Local Organizing Committee
Masako Okawa (Chair/ASRS President)
Tetsuo Shimizu (Vice Chair)
Do-Un Jeong (Vice Chair/ASRS Vice President)
Ning-hung Chen (Vice Chair/ASRS Vice President)
Ken-ichi Honma (Secretary General/ASRS Secretary General)
Takashi Ohida (ASRS Chair of Scientific Committee)
Toshiki Shimo (ASRS Chair of Scientific Committee)
Satoru Miyazaki (ASRS Chair of Scientific Committee)
Koichi Hirata (ASRS Chair of Scientific Committee)
H.N. Mallick (ASRS Chair of Scientific Committee)
Napthinich Kutchabhadal (ASRS Treasurer)

Hosts
World Sleep Federation (WSF)
Asian Sleep Research Society (ASRS)
Science Council of Japan (SCJ)

Member Societies
American Academy of Sleep Medicine (AASM)
Asian Sleep Research Society (ASRS)
Australasian Sleep Association (ASA)
Canadian Sleep Society (CSS)
European Sleep Research Society (ESRS)
Federation of Latin American Sleep Societies (FLASS)

http://www.worldsleep2011.jp/
Invitation

Worldsleep2011

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We anticipate as many participants as possible from all around the world to join the Worldsleep2011. As we are already seeing a surge in interest for new horizons in our field, Kyoto is a spectacular setting for our congress and delegates will hopefully have time to appreciate the old capital of Japan and its surrounding areas. Our hosts, the Asian Sleep Research Society and the local organizing committee are hard at work creating the right mix of science and social events to make your time in Kyoto a wonderful experience. This is our first Congress in Asia and brings the Federation to the fastest growing region in sleep research and sleep medicine. Our congresses are every 4 years only because they are special – a truly global meeting in a wonderful historical venue with a special atmosphere of shared excitement with the world of sleep. See you in Kyoto!

Masako Okawa
Chair of Local Organizing Committee

We, the Asian Sleep Research Society (ASRS) and the Japanese Society of Sleep Research (JSSR), are looking forward to welcoming the sleep researchers in the world to the Worldsleep2011 in Kyoto, 2011. We consider the Worldsleep2011 is important for the promotion and funding sleep research or ensuring our governments and education systems prioritise sleep medicine. The Congress in Kyoto will help us meet these challenges with fresh concepts, shared experiences and future plans. As our Congress theme says we are striving for new horizons in our field.

Ron Grunstein
President of World Sleep Federation

It is my pleasure as President of the World Sleep Federation to invite you to our 9th Quadrennial Congress in Kyoto in October 2011. The Federation brings together all who are interested in sleep and seeks to foster an environment for the exchange of ideas and initiatives. Our member societies share many challenges in pursuit of our goals, including the need for new sleep research or ensuring our governments and education systems prioritise sleep medicine. The Congress in Kyoto will help us meet these challenges with fresh concepts, shared experiences and future plans. As our Congress theme says we are striving for new horizons in our field. Kyoto is a spectacular setting for our congress and delegates will hopefully have time to appreciate the old capital of Japan and its surrounding areas. Our hosts, the Asian Sleep Research Society and the local organizing committee are hard at work creating the right mix of science and social events to make your time in Kyoto a wonderful experience. This is our first Congress in Asia and brings the Federation to the fastest growing region in sleep research and sleep medicine. Our congresses are every 4 years only because they are special – a truly global meeting in a wonderful historical venue with a special atmosphere of shared excitement with the world of sleep. See you in Kyoto!

Plenary Lecturers

Jerome Siegel
University of Washington, U.S.A.

Till Rosenberger
Medical University of Vienna, Austria

Serge Dehan
University of Liége, Belgium

Eve Van Cauter
University of Chicago, U.S.A.

Clifford B. Saper
Harvard Medical School, U.S.A.

Daniel J. Siegel
University of California, San Diego, U.S.A.

Opening Lecturer

Juichi Yamagiwa
School of Science, Tokyo Institute of Technology, Japan

Plenary Symposia (Tentative)

Till Rosenberger: Sleep in neurodevelopmental disabilities

Yuan-Yang Lai: The importance of sleep in mental health disorders

Organizers: Yoshimasa Koyama, Japan

Regulation of muscular tonus during REM sleep through the neostriatal systems

Douglas G. McMahon, USA

New Perspectives on Declarative Memory Processing during Sleep

Till Rosenberger, U.S.A.

Organizers: Daniel Goh, Singapore

Seasonality in sleep and circadian rhythms

Till Rosenberger

Organizers: Kazuo Mishima, Japan

The neural circuit of orexin: regulation of sleep and wakefulness

Organizers: Anna Wirz-Justice, Switzerland

Cross-cultural differences in sleep and sleep disturbances in youth populations

Diane Bovin, Canada

Organizers: JoAnn Arora, U.S.A.

The burden of Sleep-Disordered Breathing Across the Global Populations

Mary S.M. Ip, Hong Kong, China

Program at a Glance (Tentative)

Call for Abstracts

Online submissions will be available from January 2011. Abstracts can only be submitted via the congress website (http://www.worldsleep2011.jp/).

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President of World Sleep Federation

Masako Okawa
Chair of Local Organizing Committee

Plenary Symposia (Tentative)

Futakoshi Eiichi
Director of National Institute of Health and Welfare (NIHW) and World Health Organization (WHO)

President of World Sleep Federation

Till Rosenberger
Medical University of Vienna, Austria

Eve Van Cauter
University of Chicago, U.S.A.

Clifford B. Saper
Harvard Medical School, U.S.A.

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Travel Awards

The Congress will award travel grants to a limited number of students. These awards are intended to partially offset travel costs to attend Worldsleep2011. To apply, forms and instructions will be available from January 2011 at http://www.worldsleep2011.jp/.
Invitation

Worldsleep2011

We anticipate as many participants as possible from all around the world to join the Worldsleep2011. Findings, as well as to bring up many female researchers and leaders. It is my pleasure as President of the World Sleep Federation to invite you to our 6th Quadrennial Congress Kyoto in October, 2011. The Federation brings together all who share an interest in the science and practice of sleep medicine worldwide. We are looking forward to welcoming the sleep researchers in the world to Kyoto. In 1979 in Tokyo (3rd International Congress of Sleep Research). Since then, the JSSR has dramatically advanced systems prioritise sleep medicine. The Congress in Kyoto will help us face these challenges with fresh, shared experiences and future plans. As our Congress theme says we are aiming for new horizons in our field. Kyoto is a spectacular setting for our congress and delegates will hopefully have time to appreciate the old capital and its surrounding areas. Our hosts the Asakai Sleep Research Society and the local organizing committee are hard at work creating the mix of science and social events to make your time in Kyoto a wonderful experience. It is my pleasure as President of the World Sleep Federation to invite you to our 6th Quadrennial Congress Kyoto in October, 2011. The Federation brings together all who share an interest in the science and practice of sleep medicine worldwide. We are looking forward to welcoming the sleep researchers in the world to Kyoto. In 1979 in Tokyo (3rd International Congress of Sleep Research). Since then, the JSSR has dramatically advanced

Chair of Local Organizing Committee

Ron Grunstein

We, the Asian Sleep Research Society (ASRS) and the Japanese Society of Sleep Research (JSSR), are looking forward to welcoming the sleep researchers to the Worldsleep2011 in Kyoto, 2011. We consider the Worldsleep2011 is important for the Quadrennial Congress in Asia and brings the Federation to the fastest growing region in sleep research and sleep medicine. Our congresses are every 4 years only because they are special – a truly global meeting in a wonderful historical venue with a special atmosphere of shared fascination with the world of sleep. See you in Kyoto!

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Invitation

New Horizons of Sleep Research for Our Planet

It is my pleasure as President of the World Sleep Federation to invite you to our 6th Quadrennial Congress Kyoto in October 2011. The Federation brings together all who are interested in sleep research and sleep medicine with an increase of the number of sleep researchers. We believe that it is an opportune moment to advocate it. The Worldsleep2011 is the first step to achieve this goal.

We, the Asian Sleep Research Society (ASRS) and the Japanese Society of Sleep Research (JSSR), are looking forward to welcoming the sleep researchers around the world to the Worldsleep2011 in Kyoto, 2011. We consider the Worldsleep2011 is important for the ASRS and JSSR with several aspects.

Firstly, 30 years have passed since the JSSR has hosted its first international meeting in 1978 in Tokyo. During the International Congress of Sleep Research. Since then, the JSSR has internationally advanced sleep research and sleep medicine, with an increase of the number of sleep researchers. We believe that it is an excellent opportunity for us to choose what their energies for the development of our societies, as well as colleagues from all around the world.

Secondly, it is a good opportunity to show our existence in an era where the World Sleep Federation is undergoing transformation into new structure. Within the framework of an ever-globalising society in the 21st century, human beings have been facing challenges to better the ones in facing those challenges, we found that the sleep has an important role in human lives, although many do not fully realize its importance. It is high time for us, sleep researchers, to widely and loudly announce the importance of sleep, and the WFS carries its mission to accomplish. We are looking forward to the Worldsleep2011 in Kyoto to achieve this goal.

Given that, we are to achieve the following the Worldsleep2011, 1) to illustrate the social problems reside with the sleep in scientific and medical aspects, 2) to educate and cultivate future researchers in this field, which is the foremost task required at this Congress, and 3) to widen and deepen the sphere that female researchers can be given an opportunity to take an active role in research. At this Congress, I expect that new horizons of sleep research will be opened and new ideas and inspirations will be generated. Our members share such many challenges in looking for the new perspectives and directions in the area of sleep research or envisioning our governments and educational systems prior to sleep medicine. The Congress in Kyoto will help us to face these challenges with fresh, shared experiences and future plans.

As our Congress theme says we are aiming for new horizons in our field. Kyoto is a spectacular setting for our congress and delegates will hopefully have time to appreciate the old capital of Japan and its surrounding areas. Our hosts the Asian Sleep Research Society and the local organizing committee are hard at work creating the mix of science and social events to make your time in Kyoto a wonderful experience.

It is high time that we expand and improve sleep research and sleep medicine, with an increase of the number of sleep researchers. We believe that it is an opportune moment to advocate it. The Worldsleep2011 is the first step to achieve this goal.
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- Ken-ichi Honma (Secretary General/ASRS Secretary General)
- Takashi Ohida (Chair of Scientific Committee)
- Toshihiko Shimizu (SRS Chair of Scientific Committee)
- Soichiro Miyazaki (Chair of Scientific Committee)
- Koichi Hirata (Chair of Scientific Committee)
- H. N. Mallick (ASRS Chair of Scientific Committee)
- Naiphinich Kotchabhakdi (ASRS Treasurer)

Local Organizing Committee

- Patrick Strollo
- Masako Okawa
- Craig Hubbs
- Helen Driver

Member Society Presidents

- Patrick Strollo (American Academy of Sleep Medicine (AASM))
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- Craig Hubbs (Australasian Sleep Association (ASA))
- Helen Driver (Canadian Sleep Society (CSS))
- Claudio Bassetti (European Sleep Research Society (ESRS))
- Darwin Vizcarra (Federation of Latin American Sleep Societies (FLASS))
- Clifford B. Saper (Sleep Research Society (United States) (SRS))

Inquiry
Attn. A. Nishida
c/o Convention Linkage, Inc.
PIAS TOWER 11F, 3-19-3 Toyosaki, Kita-ku, Osaka 531-0072, Japan
e-mail: ws2011@secretariat.ne.jp

About Kyoto
The venue of Worldsleep2011, Kyoto, proudly reigned as capital of Japan for 1200 years. The history and heritage of this city live on in the 1.5 million population modern city: Seventeen UNESCO World Cultural Heritage Sites are located in an area surrounded by 2000 temples and shrines. Kyoto is a fitting setting for the First Worldsleep Conference. From the moment of arrival at Kansai International Airport - just 75 mins from the city centre - guests of this city are pampered with the finest Kyoto service.

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KYOTO, JAPAN

Access Via Other Japanese Airports

- Tokyo (Narita International Airport)(NRT)
  NEX & Shinkansen 60 min & 2 hr 15 min
- Nagoya (Central Japan International Airport)(NGO)
  Meitetsu & Shinkansen 28 min & 36 min
- Fukuoka (Fukuoka Airport)(FUK)
  Shinkansen 2 hr 44 min
- Tokyo (Haneda International Airport)(HND)
  Narita & Shinkansen 3 hr 20 min & 3 hr 55 min
- Sapporo (New Chitose Airport)(CTS)
  Narita & Shinkansen 4 hr 20 min & 4 hr 55 min

Flight time to Kansai International Airport (KIX)

- US East Coast
  26 hours
- US West Coast
  10 hours
- Australia
  10 hours
- New Zealand
  12 hours
- Europe
  11 hours
- Brazil
  6 hours
- Hong Kong
  9 hours
- Singapore
  9 hours
- China
  4 hours
- Korea
  3 hours
- Japan
  2 hours
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2nd Announcement

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