Dear Colleagues,

On behalf of Masako Okawa, head of the World Sleep 2011 committee and the WSF Executive Council, please note that the **deadline for the submission of abstracts has been extended until 17th June 2011.** Advanced registration for the Congress will remain open until 30th September, 2011.

We have been extremely encouraged by the many messages of support from our colleagues in sleep research around the world and look forward to a successful meeting despite the tragic events in Japan in March. The Organising Committee is working hard to ensure the meeting goes ahead as planned and by extending the abstract submission deadline, we are encouraging those of you who have yet to commit to travel to reconsider your availability for this important meeting.

In addition to the information provided in our recent update, we would like to reassure all our colleagues that they should have no concerns about the safety and facilities in Kyoto. For those who do not wish to transit through Tokyo we would recommend travel via the major international airport in Osaka. From Osaka (Kansai International Airport), there is a quick and efficient direct train ride will ensure your safe arrival in the beautiful city of Kyoto for the Congress. Please note that whilst there is only one hotel adjacent to the Kyoto International Conference Center (Grand Prince Hotel), there are many accommodation options available in the town centre which is only 10-15 minutes by train from the convention centre.

Once again, we would like to encourage you to show our Japanese colleagues your full support by attending World Sleep 2011.

Please pass on this important information regarding the deadline for submission of abstracts throughout your networks and do not hesitate to contact the World Sleep 2011 Organising Committee or Anthony Williams at the World Sleep Federation (anthony.williams@worldsleepfederation.org) if you have any specific queries or require additional information.

Yours sincerely

Executive Council
World Sleep Federation